

Serving the needs of older people

Life Without a Car

Dunedin transport options to enable independence within the community



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Acknowledgment

We would like to acknowledge and thank James McMillian and Ella McKewen, School of Occupational Therapy Year 3 Students for their professional approach and project management to help Age Concern Otago produce this valuable booklet on alternative transport options.

This booklet is proudly sponsored by Kerri & Bolty Dunedin North - Driving Miss Daisy North and Dunedin City Council.





Welcome

Age Concern Otago is pleased to provide you with information on Dunedin transport options and insights into how to keep mobile, and solutions on how to go about life with some planning and adjustments.

Depending on circumstances and need, people will use different transport solutions. Adjusting to life without a car doesn't mean losing independence and freedom. To stop driving will not be a limiting factor that prevents you doing what you want, but it is important to plan for future transport needs.

Some transport options to consider are:

Walking

It is important that we maintain our fitness, physical strength and balance for as long as possible and walking is an ideal way to help us do this. Enjoy taking a walk with a friend or combine using public transport and a walk when you go visiting, shopping, to social activities or to appointments.

Family and Friends

Ask for a lift from family or friends. This is a practical way they can assist you and be part of a social outing. You will have helped others over the years and it's time to accept offers of assistance from others. Offer to contribute to petrol costs where necessary.

DRIVING MISS DAISY

Driving Miss Daisy is a specialised companion driving service which accepts Total Mobility. Specialised mobility vehicles are available for your comfort and safety.

They have proudly been operating in Dunedin since October 2012, building up a reliable and trustworthy Daisy team to cater for all of your needs. All drivers are highly trained, fully vetted and qualified to ensure your safe transportation at all times.

Ask Driving Miss Daisy – they can design whatever trip you may need whether it be to the supermarket/shopping, hairdressing or medical appointments. Trips can be arranged individual or as a group outing of friends/family. Driving Miss Daisy also provide group outings where you can meet new friends. No trip is too big or too small – they look forward to your phone call.

Driving Miss Daisy - Dunedin North

Contact: Kerri

Telephone: (03) 467 5017 **Mobile:** 021 503 298

Email: dunedinnth@drivingmissdaisy.co.nz

5 vehicles including 2 Mobility (wheelchair accessible) vehicles

Dunedin North covers:

Waikouaiti Mount Cargill Waitati Warrington **Upper Junction** North East Valley Normanby Glenleith Pine Hill Gardens Opoho Leith Valley Woodhaugh Central City Maori Hill Roslvn Wakari Halfway Bush Kaikorai Valley Brockville Lookout Point Three Mile Hill Bradford Kenmure Belleknowes Marvhill Mornington

Both sides of the Harbour (down to Aromoana and Taiaroa Heads) including:

Ravensbourne Maia St Leonards Sawvers Bav Port Chalmers Musselburgh Careys Bay Andersons Bay Vauxhall Tainui Highcliff Waverley Ocean Grove Tomahawk The Cove Macandrew Bay

Driving Miss Daisy – Dunedin South

Contact: Lyn

Telephone: (03) 486 2033 **Mobile:** 021 503 498

Email: dunedinsth@drivingmissdaisy.co.nz

4 vehicles including 1 Mobility (wheelchair accessible) vehicle

Dunedin South covers:

St Clair Calton Hill Kew Corstophine Caversham Concord Burnside Abbotsford Green Island Fairfield Waldronville Ocean View Brighton Mosgiel Allanton Fast Tajeri

Outram down the eastern seaboard to Milton.

St Kilda is covered by Dunedin North & South.

Driving Miss Daisy is perfect for:

- Medical appointments
- Getting out and about
- Personal grooming appointments
- Social engagements
- Grocery or other shopping trips
- Scenic drives
- An elderly parent or family member who needs an outing or a breath of fresh air
- Airport/bus/rail departures or pick ups
- When you have a family member who needs to be accompanied to a function (nationally or internationally)
- Gift Vouchers and Loyalty Cards

Fares

- Payment by Cash, Loyalty Card or Invoice (by arrangement)
- We are pre-quoted, so you can know the approximate fare price before your trip starts
- We charge by time (not distance)
- We operate to suit our clients' needs
- We are pre-booked





BUS TRAVEL

SUPER GOLD CARD AND GOCARD FOR FREE OFF-PEAK TRAVEL ON PUBLIC BUSES:

SuperGold Card holders can get FREE off-peak travel on public transport services in many areas around the country. In some areas, you need a smart card from the Regional Council to access the free off-peak public transport service.

What times are 'off-peak'?

Councils will be funded for SuperGold Card holders who travel between the hours of 9am to 3pm and from 6:30pm to the end of service on weekdays, and any time on weekends and public holidays.

Do card holders need to show bus drivers or conductors any identification?

In Otago they need to show their SuperGold Card and a GoCard. No other identification is required. Other forms of identification will not be accepted if the person does not have a SuperGold Card or a GoCard.

A GoCard can be purchased from the bus driver when presenting a SuperGold card. The cost is \$5 and a minimum of \$10 must be loaded onto the card.





Mosgiel Bus Loop

Each circuit takes about 20 minutes.

Alternating East and West circuits start and finish at the bus bay at the corner of Glasgow Street and Gordon Road.

Fare: equivalent to a 1-zone fare for trips anywhere around the loop provided the passenger remains on board the bus for the entire trip.

Bus Route No. 80 Mosgiel Loop East Circuit – Weekday daytime

This service runs from 8am to 6pm and leaves the terminus every 40 minutes. Bus travels from the Mosgiel town terminus (bus bay in Gordon Road) via Gordon Road, Hartstonge Avenue, Reid Avenue, Murray Street, Cherry Drive, Severn Street, Centre Street then turn right into Factory Road, left-turn into High Street, Doon Street to the entrance to Birchleigh Village, back along Doon Street to High Street, left-turn back onto High Street, right-turn into Hagart Alexander Drive, right-turn into Gordon Road and travel along Gordon Road to terminus.

Bus Route No. 81 Mosgiel Loop West Circuit – Weekday daytime

This service starts at 8.20am and finishes at 5.40pm. Buses leave the terminus every 40 minutes. Bus travels from the Mosgiel town terminus (bus bay in Gordon Road) via Gordon Road to Eden Street, then turn left into Eden Street and travel via Eden Street, Goodall Street, Braemar Street, Perth Street, Brown Street, then left onto Bush Road, turn right into Argyle Street, right turn into Mure Street, left into Dutton Place then right into Shaw Street, then left into Inglis Street, right-turn back onto Argyle Street, then into Bruce Street with a left-turn back onto Gordon Road and along Gordon Road to terminus.

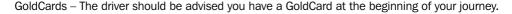
TAXI SERVICES

Dunedin Taxis

Telephone: 03 477 7777

Dunedin Taxis provides:

The Ridewise system for those with Total Mobility cards. Cards are to be given to the driver at the beginning of your journey with us as our system records your start date and time along with the location you are collected from. The system is then updated with the drop time when you reach the destination.



Dunedin Taxis provides a floatation chair/bed transfer service for those wanting to get to appointments or general transfers for those less able to move comfortably. This service is available by calling us and asking for the 'bed transfer' booking. The booking will then be confirmed while you wait based on vehicle availability.

City United Taxis

Telephone: 03 477 1771

Texting only: 027 4771771

Booking Freephone: 0800 771 771

This service accepts Total Mobility Cards and GoldCards. City United Taxi have a total mobility vehicle which can accommodate up to four wheelchairs at a time.



DUNEDIN

Southern Taxis/ Mosgiel Taxis:

Telephone: 03 476 6300

This service accepts total mobility cards.



Nab a Cab:

Telephone: 03 477 3366

150 Rattray Street Dunedin Email: grababcab@hotmail.com

This service accepts total mobility cards.



COMPANY	TELEPHONE	WHEELCHAIR ACCESS
Airport Shuttles Dunedin	0800 477 800	
City United Taxis	03 477 1771	Available
Driving Miss Daisy (North Dunedin)	03 467 5017	Available
Driving Miss Daisy (South Dunedin)	03 486 2003	Available
Dunedin Taxis	03 477 7777	Available
Nab a Cab	03 477 3366	
Southern Taxis	03 476 6300	

ELECTRIC BIKES

ebikes cater to a wide range of bikers, from the quick commuter or family transporter, to the senior cyclist or the more robust rider.

All ebikes can be trialled from our quiet (no exit) corner of NEV

Dunedin Electric Bikes

11 Allen Street NEV Dunedin, 9010 New Zealand

Email: dunedinelectricbikes@gmail.com

Telephone: 027 214 8294



COMMUNITY TRANSPORT OPTIONS

RED CROSS: Telephone (03) 477 1527

Referral guide for healthcare providers:

 Identify the need – Would your client not be able to get to this appointment without Red Cross' service? If they can't, or other options could cause hardship, then this service is suitable to call for assistance.



- Fill in the Service Request
 with as much detail as possible, including an emergency contact for
 the client, in case we cannot get in contact with them, as well as
 contact details for you, the referrer, in case we need to contact you
 (feel free to photocopy the originals provided).
- Fax/Scan completed request to: (03) 477 1529 or dunedin@redcross.org.nz
- NZ Red Cross Staff will contact you directly the day prior to confirm pickup times for transport once the schedule is finalised.
- Allow a minimum of two days notice prior to your appointment as schedules are set 24hrs in advance.

When booking appointments, please take note of the following time constraints. Our volunteer drivers start no earlier than 8am and need to be finished by 5pm unless prior arrangements are made. Set transport times to and from Mosgiel may apply due to logistical constraints.

CANCER SOCIETY:

Transport to Treatment: A driving service for local hospital and treatment appointments.

Who can access the Cancer Society Driving Service?

Cancer Society Te Kähui Matepukupuku o Aotearoa

OTAGO AND SOUTHLAND DIVISION INC.

This service is only available for people with a cancer diagnosis who are unable to:

- utilise or access public transport
- utilise friends or family
- drive themselves
- People using the service must be able to get into and out of a car without assistance.
- A wheelchair is available to assist people in moving from the car to and from the oncology department.

For more information or to request transport to treatment, you may contact the Cancer Society on (03) 477 7447 directly as long as 24 hours notice can be given.

MORNINGTON HEALTH CENTRE COURTESY COACH:

Should you have transport difficulties getting to Mornington Health Centre, use the courtesy coach. It operates from 9am to 4pm on weekdays, bringing registered patients who need it to Mornington Health Centre and taking them home again. This is a free service.

Mornington Health Centre employs a suitably qualified and fully vetted driver whose sole job is to operate the coach. You may book the coach at the same time as you book your GP or nurse appointment by phoning (03) 466 5011.



MOSGIEL RSA WELFARE VAN:

This service can be used for transport to medical appointments. This service can only be used if you are a member of the RSA.



For more information please call (03) 489 7182.

PLUS + BUS:

The Shopping Bus from the Dunedin Community Transport Trust.

The Plus Bus is a service for people who need assistance to get to the supermarket and would like help with carrying their shopping.

The bus will pick you up from your home, take you to the supermarket and deliver you home again.

A volunteer helper will carry your groceries into your home for you.

The cost is \$7 return trip per person.

Telephone: (03) 455 4050 Email: plus-bus@xtra.co.nz



TOTAL MOBILITY SCHEME

Using this scheme, you can receive a 50% subsidy (up to \$25) on eligible door-to-door transport with one of 16 approved transport operators, including taxi companies and private hire companies.

Who is eligible?

To qualify for assessment, you must reside in Otago either permanently or on a long-term basis. An eligible person is a person with a permanent disability or a temporary disability that lasts at least 6 months and prevents them from undertaking any one or more of the following five aspects of a public transport journey unaccompanied and in a safe and dignified manner:

- Getting to the place where the public transport departs
- Getting onto the public transport
- Riding securely
- · Getting off the transport
- Getting to the final destination point.

Age Concern Otago is an assessment agent for people aged 65+ for the Otago Regional Council Total Mobility Scheme. Phone: (03) 477 1040 to arrange an assessment.

A full list of assessing agents is available from the Otago Regional Council. Phone: 03 474 0827, Freephone: 0800 474 082.



MOBILITY PARKING PERMIT

Mobility parking permit holders can use mobility parking spaces, which are wider than standard parks and closer to venues. These spaces are marked with the disability symbol and in many areas are now painted blue.

The permit also allows the permit holder to park in some regular parking spaces for longer than the designated time. This varies depending on where in New Zealand the permit holder lives.



You are eligible if you meet the following criteria;

- You are unable to walk and always require the use of a wheelchair, or
- Your ability to walk distances is severely restricted by a medical condition or disability. If for example, you require the use of mobility aids, experience severe pain, or breathlessness, or
- 3. You have a medical condition or disability that requires you to have physical contact or close supervision to safely get around and cannot be left unattended. For example, if you experience disorientation, confusion, or severe anxiety.

Your doctor needs to confirm your eligibility, unless you are renewing a long-term permit.

There are two providers for disability mobility parking permits in New Zealand; CCS Disability Action and Sommerville Disability Support Services.

CCS Disability Action

How to apply for your permit by post or in person:

 Download the application form, or contact your local branch of CCS Disability Action and we will post a form to you.

- Fill in the application form and take it to your doctor to complete the medical section (Page 2 of the form).
- Check with your local branch which payment method they are able to process and post the completed form to them, or take it in to the branch.

Address: 514 Great King Street Dunedin

Telephone: 03 477 4117 or

0800 227 2255

Email: Otago@ccsDisabilityAction.org.nz

Sommerville Disability Support Services

How to apply:

- Download the application form, http://www.sommerville.org.nz// services/mobility
- Fill out the application form and take it to your medical practitioner to complete the medical section.
- Post to: Sommerville Disability Support Services, PO Box 540, 45 Campbell Street, Wanganui.

Telephone: (06) 345 0566

0508 Support (0508 787-7678)

Email: info@sommerville.org.nz

WHERE TO BUY MOBILITY AIDS IN DUNEDIN

Mobility Scooters Otago 211 King Edward Street

Telephone: 03 455 2875

Mobility Solutions Centre

245 King Edward Street

Telephone: 03 455 1201

This booklet was compiled by Occupational Therapy Students





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